

Nourish for Life™ Natural Rich Berry Flavour

NUTRITION INFORMATION				
Daily Portion: Everyday Revitalising – 4 tbsp (59 ml), Deep Revitalising – 32 tbsp (473 ml)				
Daily Portions per Container: 16 portions of 59 ml, 2 portions of 473 ml				
	Per 100 ml	Per 59 ml	Per 473 ml	
Energy	142 kJ / 34 kcal	84 kJ / 20 kcal	669 kJ / 160 kcal	
Fat	0 g	0 g	0 g	
of which saturates	0 g	0 g	0 g	
Carbohydrate	8 g	5 g	40 g	
of which sugars	7 g	4 g	32 g	
Protein	0 g	0 g	0 g	
Salt	0.02 g	0.01 g	0.08 g	
VITAMINS & MINERALS				
	Per 59 ml	%NRV**	Per 473 ml	%NRV**
Niacin (B3)	2.4 mg NE	15%	19 mg NE	119%
Vitamin B6	0.21 mg	15%	1.7 mg	121%
Vitamin B12	0.38 µg	15%	3 µg	120%
**NRV = Nutrient Reference Value				

Ingredients: Water, fructose, natural flavourings, calcium and magnesium citrate complex, fruit and vegetable concentrates (carrot, blueberry), choline bitartrate, aloe vera (*Aloe barbadensis*) leaf powder, bilberry (*Vaccinium myrtillus*) fruit extract, burdock (*Arctium lappa*) root extract, blueberry (*Vaccinium corymbosum*) fruit extract, acidity regulator (citric acid), raspberry (*Rubus idaeus*) juice, yellow dock (*Rumex crispus*) root extract, thickener (xanthan gum), acidity regulator (potassium citrate), preservative (potassium sorbate), purple carrot (*Daucus carota*) juice, turmeric (*Curcuma longa*) root extract, Siberian ginseng (*Eleutherococcus senticosus*) root extract, fennel (*Foeniculum vulgare*) seed extract, peppermint (*Mentha piperita*) leaf extract, liquorice (*Glycyrrhiza glabra*) root extract, amla (*Emblca officinalis*) fruit extract, horsetail (*Equisetum arvense*) aerial extract, lime juice, alfalfa (*Medicago sativa*) leaf extract, inositol, l-methionine, niacinamide (B3), pyridoxine hydrochloride (B6), cyanocobalamin (B12).



SOY-FREE



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN